



Wellness & Reablement

Melanie Perks

Update – February 2019



Recent Activities

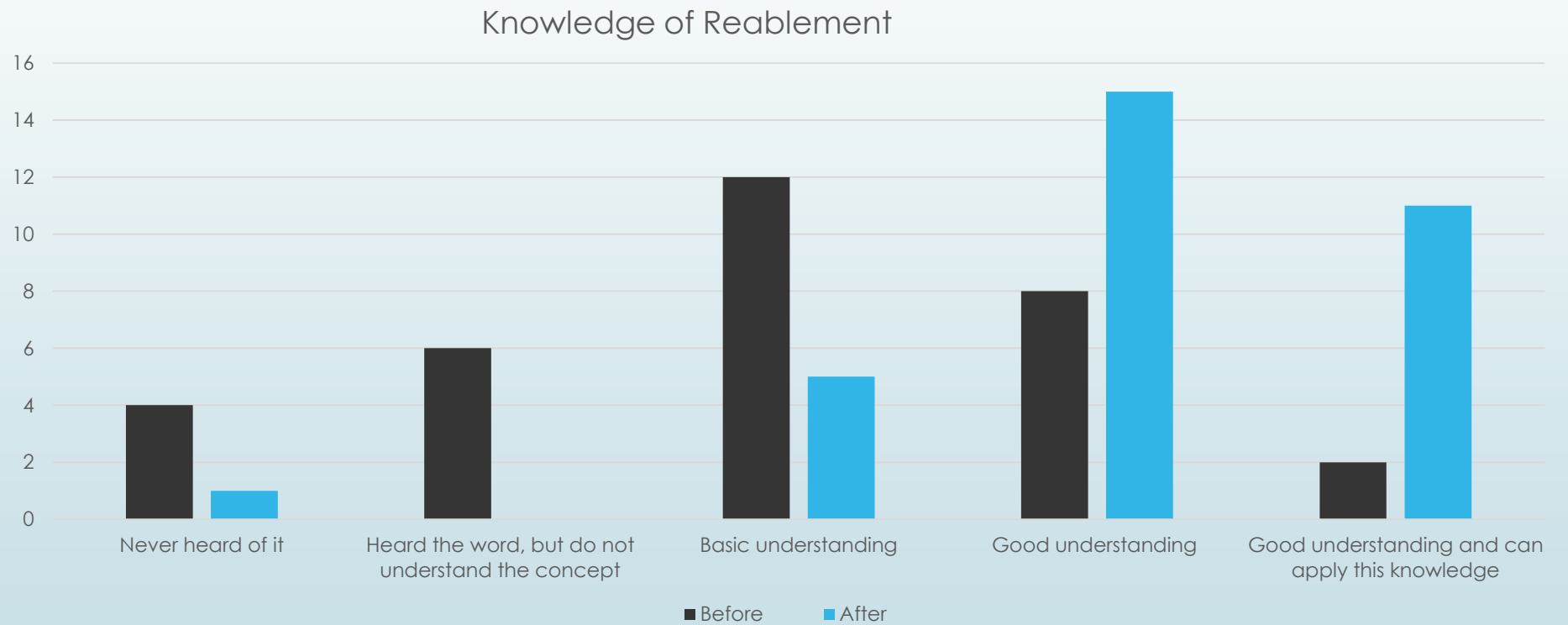
- ▶ Individual Agency Visits
- ▶ Presentations at Staff Meetings – Implementing Wellness
- ▶ Reablement Workshops
 - ▶ Ballarat
 - ▶ Horsham
 - ▶ Ararat
- ▶ Member in ‘Moorabool Partnership’ project
 - ▶ Moorabool Shire Council, Ballan District Health & Care, Djerriwarrah Health Services
- ▶ Initial establishment of the Central Highlands Community Nursing Community of Practice

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Reablement Workshops

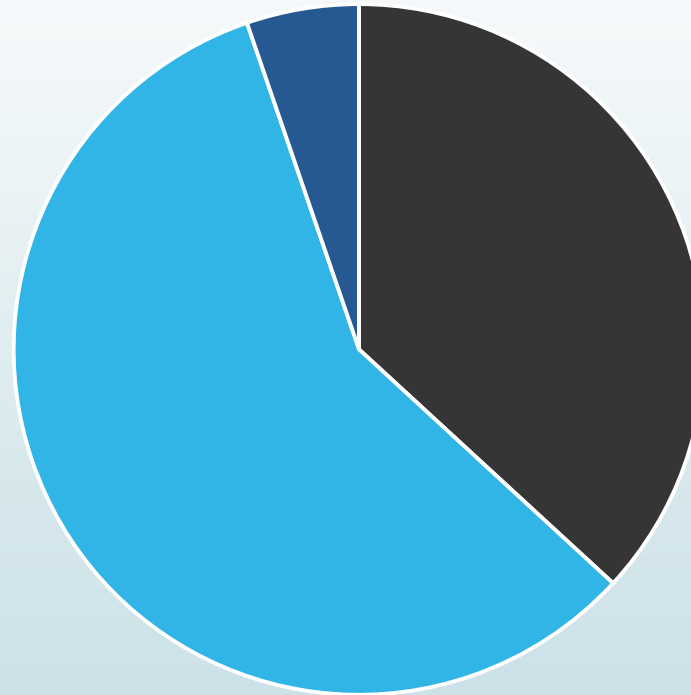
- ▶ Hosted workshops across the Region
 - ▶ Ballarat, Horsham and Ararat
- ▶ Total of 65 staff attending across the workshops
 - ▶ Managers
 - ▶ Co-ordinators
 - ▶ Direct Service Staff – Allied Health and Nursing
- ▶ 17 agencies represented

Workshop Outcomes



Workshop Outcomes

Has the workshop provided the knowledge of what is expected of a Service Provider during a period of Reablement?



■ Strongly agree ■ Agree ■ Neither agree nor disagree ■ Disagree ■ Strongly disagree

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Additional Supports Required

- ▶ Training and Support with My Aged Care
- ▶ Staff having appropriate access to My Aged Care
- ▶ Training on concept of Reablement for all staff
- ▶ Clear processes within the organisation for managing Reablement from 'Intake to End Point'
- ▶ Review of service specific assessments and plan templates